COVID-19 Resources in York County, PA

About COVID-19 Tests

There are two types of COVID-19 tests. Both require swabbing the back of the nose, throat, or both:

- an **antigen test** is a "rapid" test and is sold over-the-counter. Results come in 15 to 60 minutes and are about 60-75% accurate. Best if testing takes place within the first 1-3 days of symptoms or known exposure.
- a **PCR (polymerase chain reaction) test** gets sent out to a laboratory. Results will come in 2 to 14 days and are over 90% accurate. The "gold standard."

Testing At Home:

Get free at home tests by mail: The federal government has purchased rapid tests for distribution. Requests start January 19, 2022 on <u>COVIDTests.gov</u>. Request 100% free mail delivery of up to four at-home tests. Shipping starts 7-12 days after a request is received.



Get free at home tests at a pharmacy: Insurance providers are now <u>required</u> <u>to cover the costs of at-home COVID-19 tests</u>. You may pay nothing, or you may need to ask for a reimbursement check from your insurance company.

An individual store may restrict the number of tests a person may purchase at one time. An insurer may restrict the number of tests it will pay for at one time.

Testing On Site:

Visit <u>vaccinateyorkpa.org/#COVID19</u> for info on testing sites in York County, PA, or visit the PA Department of Health website at

<u>https://www.health.pa.gov/topics/disease/coronavirus/</u> for testing availability statewide.

About COVID-19 Vaccines

With over 9.3 billion vaccine doses given worldwide, COVID-19 vaccines are proven to be safe and effective at preventing severe illness due to COVID-19 infection.

Frequent handwashing, mask-wearing, and physical distancing are all helpful to avoid disease, and these practices should continue, but the vaccine gives individuals active defense against infection.

Cost:

There is no cost for the vaccine, and insurance is not required.

Find a COVID-19 vaccine site:

- Visit <u>vaccines.gov/search</u> or <u>vaccinateyorkpa.org</u>
- Text your 5-digit ZIP code to 438829 for sites near you
- 🗞 Call 1-800-232-0233 for sites near you



Ask at your regular pharmacy or healthcare provider. Many are providing COVID-19 vaccines and tests.

Transportation Assistance:

RabbitTransit call: 1-800-632-9063. Set vaccine appointment first, then call *no later than noon the day before* to schedule a ride share. Masks are required.



Uber is donating rides to and from vaccine appointments. Find availability at https://www.uber.com/us/en/coronavirus/ Masks required.

Lyft is also providing free or low-cost rides to and from vaccine appointments. Find availability at <u>https://www.lyft.com/vaccine-access</u>. Masks required

Homebound Assistance:

Contact these services to see if they offer in-home COVID-19 vaccinations:

- Your doctor or health care provider
- Medicare hotline: 1-800-633-4227 (TTY 1-877-486-2048)
- PA Department of Health <u>Vaccine Homebound (pa.gov)</u>
 PACE Call Center: 1-800-225-7223, or PA LINK: 1-800-753-8827
- Disability Information and Access Line (DIAL): 1-888-677-1199
- <u>Eldercare Locator</u> for older adults and their families: 1-800-677-1116