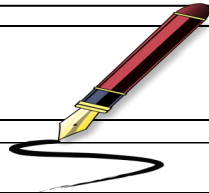


The Mason-Dixon Line

250 Bailey Drive, Stewartstown, PA 17363
yorklibraries.org/stewartstown-mason-dixon/

Newsletter of
The Mason-Dixon Public Library



January, 2024



LIBRARY HOURS

Monday: 10:00-8:00
Tuesday: Noon-8:00
Wednesday: 10:00-8:00
Thursday: Noon-8:00
Friday: 10:00-2:00
Saturday: 10:00-5:00

STAFF

Library Director/Youth Services:
Carol Stampler
Library Assistants:
Jeannette A.
Juanita J.
Christa R.
Victoria S.
Susan V.
Ashlynn Y.

SHELF INDULGENT BOOK CLUB

Our monthly book discussion group will meet on

Thursday, January 4th at 6PM

January's selection is

The Good Lord Bird

By James McBride

The club meets the first Thursday of each month.

New members are always welcome!

AFTERNOON BOOK CLUB

Our new book club meets the first Wednesday of the month at 2:00PM

January's selection is

The Paris Wife by Paula McLain

February 7th at 2:00PM will be

State of Wonder by Ann Patchett

New members are always welcome!

BOOST YOUR BRAIN THROUGH EXERCISE

Whether or not you participate in making New Year's Resolutions, Mason-Dixon Public Library invites you to learn why your brain needs exercise in 2024!

Join Casey Saylor on
Wednesday, January 17th at 6:30PM
to learn how exercise impacts the brain.

Science is teaching us that movement and exercise are vital not only to a healthy body-but also to a healthy brain.

Whether you are age 9 or 90, regular movement can help to improve mood and memory while reducing anxiety, stress, depression, and risk of cognitive decline.

Those attending will explore the pillars of brain health and dive into the science around exercise.

Participants will learn simple, accessible ways to reap the brain benefits of exercise and have an opportunity to share their favorite exercise.

Saylor is a trainer, relationship builder, and mental health and aging advocate. Uniquely informed by social work and peer support, she skillfully merges adult education best practices with psychology and the peer support model to engage learners in a highly approachable manner.

Saylor specializes in communicating science without jargon and facilitating meaningful conversations to create an engaging learning experience.

This presentation is part of the
Third Wednesday Series
of community programs at the library.

INCLEMENT WEATHER CLOSINGS

If South Eastern School District is Closed, the library will be Closed.

If there is a two hour delay, the library will open for regular hours.

Our closings will also be posted on York County Libraries website, our webpage and on Facebook.

STORY TIMES PRESCHOOL

Preschool Story Time will be held every Monday at 10:30 AM

Share books and a fun craft with Miss Carol

BABY TIME

Born to Read Story Time is held every Thursday at 10:30AM

Before regular operating hours.

Join Miss Carol for stories, music.

Fingerplays and Fun!

Siblings are always welcome!

If any of our story times are cancelled we will post on our website and on our Facebook page.

FRIENDS OF THE LIBRARY

We are still accepting donations for our book sales.

Restrictions are:

No textbooks, encyclopedias, Reader's Digest or used library books.

We will accept gently used Adult and Children's books, books on CD, DVDs, vinyl records and puzzles.

Your donations benefit the library in many ways!